As a father, a scientist, an author, a lecturer, and a clinician, Dr. Chestnut has been reading and reviewing literature regarding recovery, wellness, prevention, and performance for over 30 years. This research has culminated in the development of OmegA+D Sufficiency™. OmegA+D Sufficiency™ is the most evidence-based, most effective supplement for recovery, wellness, prevention, and performance ever formulated. OmegA+D Sufficiency™ contains the ideal synergistic amounts and combination of omega-3 fatty acids, vitamin D, and vitamin A that you need to get better, stay better, and perform better.

**OmegA+D SUFFICIENCY™**

**OMEGA-3 FISH OIL**

**COD LIVER OIL**

**VITAMIN D3**

How to consume Innate Choice® OmegA+D Sufficiency™:

- **Adults:** 1-2 servings per day.
- **Children:** 1/2 serving for every 40 pounds of body weight.

Try adding to foods such as smoothies or salad dressings!

To order Innate Choice® OmegA+D Sufficiency™ for you and your family speak to your Health Practitioner or go to:

www.innatechoice.com

**Everybody - Everyday - For Life!**

The ideal synergistic combination of omega-3, vitamin D3, and vitamin A creating the perfect supplement for recovery, wellness, prevention, and performance.
OmegaA+D Sufficiency™ provides perfectly sufficient amounts and the perfect ratio of omega-3 fatty acids (EPA, DPA, DHA) and naturally occurring vitamin D3 and vitamin A from Norwegian fish and cod liver oils. OmegaA+D Sufficiency™ is the ideal synergistic combination of essential nutrients for maximizing epigenetic expression of recovery, wellness, prevention, and performance. OmegaA+D Sufficiency™ is also infused with 100% natural lemon or grapefruit flavor and it tastes great!

The benefits are overwhelming:

1. Clinicians who recommend OmegaA+D Sufficiency™ will accomplish better patient health outcomes for their patients.
2. Patients who take OmegaA+D Sufficiency™ will experience better recovery, greater overall wellness and prevention, and increased performance.


* For full list of references go to www.innatechoice.com