

Everybody - Everyday - For Life!™

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Omega+D SUFFICIENCY is a critical component of **Dr. Chestnut's Wellness and Prevention Solutions Essential Nutrient System™**.

Best Ingredients

Best Results

Best Value™

- ✓ Wild Cold Water Fish
- ✓ Pharmaceutical Grade
- ✓ 3rd Party Tested
- ✓ Organically Filtered and Triple Purified
- ✓ Naturally Occurring Fatty Acid Profiles
- ✓ No Fishy Aftertaste

Directions: Maintenance: 1-2 servings daily.
Refrigerate after opening. **Shake well before each use.**
Therapeutic: Consult Health Professional.

Store in a cool dry area, away from light. After opening refrigerate and consume within 90 days. Clouding is normal and does not affect quality or safety.
Do not use if safety seal is broken.
See expiry date stamped on label.

Product of Norway



Natural
Lemon Flavor

**Tastes
Great!**



**Essential Nutrients for
Recovery, Wellness, and Prevention**

**Omega+D
SUFFICIENCY™**

Ultra-Purified Omega-3 Fish Oil,
Natural Cod Liver Oil,
and Vitamin D3

Dietary Supplement
10 Fl. Oz. (300 ml)



Supplement Facts

Serving Size: 1 Teaspoonful (5 ml)

Servings per Container: 60

Each Teaspoonful Contains	% Daily Value	
Calories (energy)	40	
Calories from Fat	40	
Total Fat	4.5 g	7%*
Saturated Fat	1 g	5%*
Polyunsaturated Fat	1.5 g	†
Monounsaturated Fat	1.5 g	†
Cholesterol	25 mg	8%*
Vitamin A (naturally occurring in CLO)	900-1700 IU	18%
Vitamin D (as D ₃ Cholecalciferol, including 60-225 IU naturally occurring in CLO)	2060 IU	515%
Omega-3 Fatty Acids	1180 mg	†
EPA (Eicosapentaenoic Acid)	530 mg	†
DHA (Docosahexaenoic Acid)	460 mg	†
Additional Omega-3 Fatty Acids including DPA (Docosapentaenoic Acid)	190 mg	†

* Percent Daily Values based on a 2,000 calorie diet.

† Daily Value not established.

Ingredients: Organically Filtered and Triple Purified Omega-3 Fish Oil (from species such as wild anchovy, sardine, and mackerel), Genuine Virgin Cod Liver Oil (from Norwegian Sea and surrounding ocean waters), Natural Lemon Flavor, Proprietary Antioxidant Blend (consisting of natural tocopherols, rosemary extract, and ascorbyl palmitate), Cholecalciferol.



Distributed by Innate Choice - A Division of The Wellness Practice Inc.
Victoria BC, Canada V8S 3K2
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Rev. 02/14